

THE SECRET OF A SATISFYING LIFE
Philippians 4:10-13

"... I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation..." vs. 11-12

CONTENTMENT IS INDEPENDENT FROM CIRCUMSTANCES

HOW TO EXPERIENCE REAL CONTENTMENT

LEARN TO AVOID COMPARISONS

"... I have learned to be content whatever the circumstances." vs. 11

"We do not look at what we can see right now, the troubles all around us, but we look forward to the joys in heaven ... The troubles will soon be over, but the joys to come will last forever." 2 Corinthians 4:18

*"Godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that."
I Timothy 6:6-8*

Root Problem: COMPARING MYSELF TO OTHERS

LEARN TO ADJUST TO CHANGE

"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well-fed or hungry, whether living in plenty or in want." vs. 12

Types of Circumstances

- Those we can control and DO
- Those we can control and DON'T
- Those we CANNOT CONTROL

"If it is possible, as far as it depends on you, live at peace with everyone." Romans 12:18

Key to adjusting: SENSE OF HUMOR

LEARN TO DRAW ON CHRIST'S POWER

"I can do everything through Him who gives me strength." vs. 13

"But God said to me, `My grace is sufficient for you, for my power is made perfect in (your) weakness." 2 Corinthians 12:9

LEARN TO TRUST GOD TO MEET MY NEEDS

"And my God will meet all your needs according to His glorious riches in Christ Jesus." vs. 19

"So do not start worrying: Where will my food come from? or my drink? or my clothes? ... Your heavenly Father knows you need all these things. Instead, be concerned about everything else with God's kingdom ... and he will provide you will all these other things." Matthew 6:31-33